

A La Carte Menu

Modern Seasonal Plates & Grill



Starters

House Focaccia (v)	5	Gordal Olives (vg)	5
Taru butter			
Mozzarella Croquette (v)	9.50	Salmon Ceviche	11
tomato puree, parmesan shavings		rice and nori crackers, avocado, cucumber	
Burrata (v)	11	Grilled Beef Yakitori	11.50
asparagus salad, romesco sauce		tamarind glaze, chimichurri, lotus chips	
Cesar Salad	9	Sticky Chicken Thighs Bites	9.95
little gem, focaccia croutons, parmesan shavings, anchovies		pickled jalapeño gel, sour cream, crispy onions	
Add Chicken 5, Prawns 7			
Lamb Croquette	10		
herb emulsion, herb salad			
King Prawns	14		
garlic, chilli, tomato sauce, focaccia			
Grilled Scallops	16.50		
yuzu acquachile, tomato and jalapeño salsa			

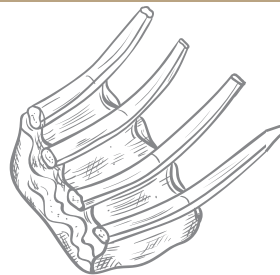
Mains

Buttermilk Chicken Burger	14.99	Fish & Chips	19	Pan Fried Salmon	24.50
honey hot sauce, coleslaw		mushy peas, tartare, chunky chips		broccoli, roasted peppers sauce	
Wild Mushrooms Risotto	18	Baby Spatchcock Chicken Whole	20	Slow Cooked Lamb Shank	27
parmesan fondue		Chicken velloute, onions, sumac salad		with asparagus, mash & gravy	
Taru Cheeseburger & Fries	18.50	King Prawns Linguine	18	Sous Vide Monkfish	32
lollo salad, beef tomato, gherkins, cheddar		chilli, garlic, basil pesto		shiso miso sauce, crispy ginger roots	
				Beef Wellington for Two	90
				mash potato, house salad, red wine jus	

From the grill

served with mash and house salad

Spiced Gochujang Lamb Chops	32
Ashbourne Beef Fillet 250g	39
Angus Ribeye 250g	35



T Bone 800g	90
Taru Platter	95
lamb chops 4pcs, chicken, ribeye, mushroom sauce, mash, house salad	

Sides & Sauces

Skinny Fries (vg)	5	Broccoli	6.50
Mash (v)	6	Asian Style Chimichurri	3
Chunky Chips	7	Mushroom Sauce	3
House Salad (vg)	6	Peppercorn Sauce	3
Blue Cheese Sauce	3		

Sunday Roast

Only available Sundays

all served with roasted potatoes, honey carrots & parsnips, savoy cabbage, yorkshire pudding, gravy

Roast Sirloin	28
Roast Half Chicken	24
Slow Cook Lamb Shank	26
Roots Vegetable Pithivier	20



Boozy Brunch • Dinner • Sunday Roast

v vegetarian • vg vegan • gf gluten free



TARU

Steakhouse & Grill



Monday - Tuesday
04:00 pm - 10:00 pm
Wednesday
12:00 pm - 10:00 pm
Thursday - Sunday
12:00 pm - 12:00 pm



79 Queens Road,
Buckhurst Hill, IG9 5BW,
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TARU

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THE BEST IN SEAFOOD
THE BEST IN GRILL

“ Some evenings stay with you long after they end.

At The **Taru**, we create moments of warmth, connection, and indulgence — experiences
to be shared, remembered, and returned to.

”

